

## **Mission Awards**

Meet the winners of the *Seventeen* Mission Awards and see what you can do to help them with their charities (or be inspired to start your own!).





## **Dallas Jessup**

Did you know that one in four girls have been sexually assaulted? That's why three years ago Vancouver, WA, native Dallas, 17, who has a black belt in karate, decided to produce (and star in!) a 46-minute instructional video to teach girls personal safety awareness and street-fighting skills in case of an attack. You can download the video and learn how to defend yourself against assault and abduction at justyellfire.com.